

American Forces Network on TV <http://www.afrts.osd.mil/afnontv/html/schedule.htm>

Wednesday

TIME	CH3 & 37 AFNATLANTIC	TIME	CH38 AFNPACIFIC	CH39 SPECTRUM	CH40 NEWSPORTS
9:00	Oprah Winfrey Show	7:00	Jeopardy!	The Flintstones (TV-G)	Nightline
9:30	[.55] Port Charles (TV-14)	7:30	Headline News	The Brady Bunch (TV-G)	Nightly Business Report
10:00	[.20] Guiding Light (TV-14)	8:00	Pacific Report	Happy Days (TV-G)	NBA Basketball (ESPN2)
10:30		8:30	[.33] CNN/5I	The Cosby Show (TV-G)	Florida at Kentucky
11:00	[.10] General Hospital	9:00	Moesha (TV-PG)	Who Wants To Be A Millionaire	
11:30		9:30	Malcolm In The Middle		
12:00	Headline News	10:00	Beverly Hills 90210	Secrets of War (TV-PG)	NCAA Basketball (ESPN2)
12:30	Judge Judy (TV-PG)	10:30	Spring Fever	The Invasion That Never Was	Minnesota at Northwestern
13:00	Today	11:00	Buffy The Vampire Slayer	Combat At Sea	
13:30		11:30	This Year's Girl (Part 1) (TV-14)	Great Carrier Battles Of WWII	
14:00		12:00	Pacific Report	NYPD Blue (TV-14)	Dateline NBC
14:30		12:30	[.35] Tonight Show with Jay Leno	Czech Bouncer	
15:00	Disney's Jungle Cubs			Spectrum Movie	Headline News
15:30	BrandSpankingNewDoug	13:30	[.35] Late Show with David Letterman	The Prisoner Of Second Avenue (TV-PG)	Morning Biz Report and Ch.1
16:00	Outward Bound (TV-Y7)	14:00			Good Morning America
16:30	City Guys (TV-G)	14:30	[.33] ESPNNews		
17:00	Jeopardy!	15:00	[.05] Movies 'til Dawn	The Flintstones (TV-G)	
17:30	Headline News	15:30	Sea Of Love (TV-PG)	The Brady Bunch (TV-G)	NBA Today (ESPN2-Live)
18:00	CNN/5I & Lajes News	16:00		Happy Days (TV-G)	RPM2Night (ESPN2)
18:30	Headline News	16:30		The Cosby Show (TV-G)	Winter X-Games (Day 5)
19:00	Moesha (TV-PG)	17:00	[.10] Movies 'til Dawn	Who Wants To Be A Millionaire	
19:30	Malcolm In The Middle	17:30	Making Mr. Right (TV-PG)		
20:00	Beverly Hills 90210	18:00		Secrets of War (TV-PG)	
20:30	Spring Fever	18:30		The Invasion That Never Was	
21:00	Buffy The Vampire Slayer	19:00	Headline News	Combat At Sea	SportsCenter
21:30	This Year's Girl (Part 1) (TV-14)	19:30	ESPNNews	Great Carrier Battles Of WWII	
22:00	Headline & Lajes News	20:00	Today	NYPD Blue (TV-14)	Your World with Neil Cavuto
22:30	[.35] Tonight Show with Jay Leno	20:30		Czech Bouncer	
23:00	[.35] Late Show with David Letterman	21:00		Spectrum Movie	Fox News Live
23:30		21:30		The Prisoner Of Second (TV-PG)	
0:00	[.35] ESPNNews	22:00	Today II		Headline News
0:30	Headline News	22:30	Sesame Street (TV-Y)	The Flintstones (TV-G)	NBC Nightly News
1:00	NHL (ESPN2-Live)	23:00		The Brady Bunch (TV-G)	NCAA Basketball
1:30		0:00	Blue's Clues (TV-Y)	Happy Days (TV-G)	Virginia at NC State
2:00		0:30	Wheel Of Fortune	The Cosby Show (TV-G)	
2:30	Flyers at Penguins	1:00	Oprah Winfrey Show	Who Wants To Be A Millionaire	NCAA Basketball
3:00		1:30			
3:30		2:00	NBC Nightly News	America's Castles	Duke at Clemson
4:00		2:30	Judge Judy (TV-PG)	The Colonial Homes Era	
4:30	ESPNNews	3:00	Port Charles (TV-14)	The American Experience	Sports Tonight
5:00	Headline News	3:30	[.25] Guiding Light (TV-14)	Underground Railroad (TV-PG)	
5:30	ABC World News Tonight	4:00	[.15] General Hospital	X-Files (TV-14)	Larry King Live
6:00	CNN/5I	4:30		Elegy	
6:30	NBC Nightly News	5:00	[.05] Rugrats (TV-Y)	Spectrum Movie	News with Brian Williams
7:00	Sesame Street (TV-Y)	5:30	Arthur (TV-Y)	Oh, God (TV-PG)	
7:30		6:00	Pokemon (TV-Y)		The O'Reilly Factor
8:00	'Blue's Clue (TV-Y)	6:30	Men In Black (TV-Y7)		
8:30	Wheel Of Fortune				

Feb. 9

TIME	CH3 & 37 AFNATLANTIC	TIME	CH38 AFNPACIFIC	CH39 SPECTRUM	CH40 NEWSPORTS
9:00	Oprah Winfrey Show	7:00	Jeopardy!	The Flintstones (TV-G)	Nightline
9:30	[.55] Port Charles (TV-14)	7:30	Headline News	The Brady Bunch (TV-G)	Nightly Business Report
10:00	[.20] Guiding Light (TV-14)	8:00	Pacific Report	Happy Days (TV-G)	NHL Hockey (ESPN2)
10:30		8:30	[.33] CNN/5I	The Cosby Show (TV-G)	Maple Leafs at Red Wings
11:00	[.10] General Hospital	9:00	Survivor: Australian Outback	Who Wants To Be A Millionaire	
11:30		9:30			
12:00	Headline News	10:00	Star Trek: Voyager (TV-PG)	Crocodile Hunter (TV-G)	
12:30	Judge Judy (TV-PG)	10:30	Dragon's Teeth	Return To The Wild	
13:00	Today	11:00	Law & Order (TV-14)	Emergency Vets (TV-PG)	Nat'l Sports Report (FSN)
13:30		11:30	Grief	Toyota World Of Wildlife (TV-G)	
14:00		12:00	Pacific Report	Gun	48 Hours
14:30		12:30	[.35] Tonight Show with Jay Leno	Columbus Day	
15:00	Sylvester&Tweety Mysteries	13:00		Spectrum Movie	Headline News
15:30	Disney's Recess	13:30	[.35] Late Show with David Letterman	I Was A Male War Bride (TV-G)	Morning Biz Report and Ch.1
16:00	Moesha (TV-PG)	14:00			Good Morning America
16:30	Clueless	14:30	[.33] ESPNNews		
17:00	Jeopardy!	15:00	[.05] Movies 'til Dawn	The Flintstones (TV-G)	
17:30	Headline News	15:30	French Kiss (TV-PG)	The Brady Bunch (TV-G)	
18:00	CNN/5I & Lajes News	16:00		Happy Days (TV-G)	NCAA Basketball (FSN)
18:30	Headline News	16:30		The Cosby Show (TV-G)	
19:00	Survivor:	17:00	[.10] Movies 'til Dawn	Who Wants To Be A Millionaire	Stanford at Oregon
19:30		17:30	Three Fugitives (TV-PG)		
20:00	Star Trek: Voyager (TV-PG)	18:00		Crocodile Hunter (TV-G)	NBA 2Night (ESPN2)
20:30	Dragon's Teeth	18:30		Return To The Wild	NHL 2Night (ESPN2)
21:00	Law & Order (TV-14)	19:00	Today	Emergency Vets (TV-PG)	SportsCenter
21:30	Grief	19:30		Toyota World Of Wildlife (TV-G)	
22:00	Headline & Lajes News	20:00		Gun	PrimeTime Thursday
22:30	[.35] Tonight Show with Jay Leno	20:30		Columbus Day	
23:00		21:00	Calliou (TV-Y)	Spectrum Movie	Fox News Live
23:30	[.35] Late Show with David Letterman	21:30	Between The Lions (TV-Y)	I Was A Male War Bride (TV-G)	
0:00		22:00	Sabrina: The Animated Series		Headline News
0:30	[.33] ESPNNews	22:30	SpongeBob SquarePants		NBC Nightly News
1:00	[.05] Movies 'til Dawn	23:00	Pokemon (TV-Y)		Davis Cup Tennis (ESPN2)
1:30	French Kiss (TV-PG)	23:30	Making The Band (TV-PG)		USA vs Switzerland
2:00		0:00	Discover Magazine	Season By Season (TV-G)	
2:30		0:30	Doomsday	Interior Motives	
3:00	[.10] Movies 'til Dawn	1:00	This Old House	Frasier (TV-PG)	(First Round)
3:30	Three Fugitives (TV-PG)	1:30	California's Gold	Friends (TV-PG)	
4:00		2:00	NBC Nightly News	Dawson's Creek (TV-14)	
4:30		2:30	Navy/Marine Corps News	Rest in Peace	
5:00	Headline News	3:00	NHL (ESPN)	Ally McBeal (TV-14)	
5:30	ABC World News Tonight	3:30		In Search Of Pygmies	
6:00	CNN/5I	4:00	Rangers at Panthers	Any Day Now (TV-14)	Larry King Live
6:30	NBC Nightly News	4:30		Freedom Land	
7:00	Calliou (TV-Y)	5:00		Spectrum Movie	News with Brian Williams
7:30	Between The Lions (TV-Y)	5:30			
8:00	Sabrina: The Animated Series	6:00	WWF Superstars (TV-14)	White Fang (TV-PG)	The O'Reilly Factor
8:30	SpongeBob SquarePants	6:30			

Thursday

TIME	CH3 & 37 AFNATLANTIC	TIME	CH38 AFNPACIFIC	CH39 SPECTRUM	CH40 NEWSPORTS
9:00	Oprah Winfrey Show	7:00	Jeopardy!	The Flintstones (TV-G)	Nightline
9:30	[.55] Port Charles (TV-14)	7:30	Headline News	The Brady Bunch (TV-G)	Nightly Business Report
10:00	[.20] Guiding Light (TV-14)	8:00	Pacific Report	Happy Days (TV-G)	NBA Basketball (TNT)
10:30		8:30	[.33] CNN/5I	The Cosby Show (TV-G)	Kings at Timberwolves
11:00	[.10] General Hospital	9:00	Futurama (TV-PG)	Who Wants To Be A Millionaire	
11:30		9:30	That '70s Show (TV-PG)		
12:00	Headline News	10:00	Spin City (TV-PG)	America's Castles	
12:30	Judge Judy (TV-PG)	10:30	[.50] Real Time	The Colonial Homes Era	Inside the NBA (TNT)
13:00	Today	11:00	City Of Angels (TV-14)	The American Experience	National Sports Report
13:30		11:30	Dress For Success	Underground Railroad (TV-PG)	
14:00		12:00	Pacific Report	X-Files (TV-14)	CNN Early Edition
14:30		12:30	[.35] Tonight Show with Jay Leno	Elegy	
15:00	Rugrats (TV-Y)	13:00		Spectrum Movie	Headline News
15:30	Arthur (TV-Y)	13:30	[.35] Late Show with David Letterman	Oh, God (TV-PG)	Morning Biz Report and Ch.1
16:00	Pokemon (TV-Y)	14:00			Good Morning America
16:30	Men In Black (TV-Y7)	14:30	[.33] ESPNNews		
17:00	Jeopardy!	15:00	[.05] Movies 'til Dawn	The Flintstones (TV-G)	
17:30	Headline News	15:30	Sargate (TV-PG)	The Brady Bunch (TV-G)	
18:00	CNN/5I & Lajes News	16:00		Happy Days (TV-G)	NHL Hockey (ESPN2)
18:30	Headline News	16:30		The Cosby Show (TV-G)	Blackhawks at Mighty Ducks
19:00	Futurama (TV-PG)	17:00	[.10] Movies 'til Dawn	Who Wants To Be A Millionaire	
19:30	That '70s Show (TV-PG)	17:30	To Be Or Not To Be (TV-PG)		
20:00	Spin City (TV-PG)	18:00		America's Castles	
20:30	[.50] Real Time	18:30		The Colonial Homes Era	
21:00	City Of Angels (TV-14)	19:00	Headline News	The American Experience	SportsCenter
21:30	Dress For Success	19:30	ESPNNews	Underground Railroad (TV-PG)	
22:00	Headline & Lajes News	20:00	Today	X-Files (TV-14)	Your World with Neil Cavuto
22:30	[.35] Tonight Show with Jay Leno	20:30		Elegy	
23:00		21:00		Spectrum Movie	Fox News Live
23:30	[.35] Late Show with David Letterman	21:30		Oh, God (TV-PG)	
0:00		22:00	Today II		Headline News
0:30	[.35] ESPNNews	22:30			NBC Nightly News
1:00	[.05] Movies 'til Dawn	23:00	Sesame Street (TV-Y)	The Flintstones (TV-G)	ABC World News Tonight
1:30	Sargate (TV-PG)	23:30		The Brady Bunch (TV-G)	CBS Evening News
2:00		0:00	Teletubbies (TV-Y)	Happy Days (TV-G)	NBA Basketball (TNT-Live)
2:30		0:30	Wheel Of Fortune	The Cosby Show (TV-G)	
3:00	[.10] Movies 'til Dawn	1:00	Oprah Winfrey Show	Who Wants To Be A Millionaire	Spurs at Nets
3:30	To Be Or Not To Be (TV-PG)	1:30			
4:00		2:00	NBC Nightly News	Crocodile Hunter (TV-G)	
4:30		2:30	Judge Judy (TV-PG)	Return To The Wild	Inside the NBA (TNT-Live)
5:00	Headline News	3:00	Port Charles (TV-14)	Emergency Vets (TV-PG)	Sports Tonight
5:30	ABC World News Tonight	3:30	[.25] Guiding Light (TV-14)	Toyota World Of Wildlife (TV-G)	
6:00	CNN/5I	4:00	[.15] General Hospital	Gun	Larry King Live
6:30	NBC Nightly News	4:30		Columbus Day	
7:00	Sesame Street (TV-Y)	5:00	[.05] Sylvester&Tweety	Spectrum Movie	News with Brian Williams
7:30		5:30	Disney's Recess	I Was A Male War Bride (TV-G)	
8:00	Teletubbies (TV-Y)	6:00	Moesha (TV-PG)		The O'Reilly Factor
8:30	Wheel Of Fortune	6:30	Clueless		



All movies start at 7 p.m. unless otherwise noted. Call Ext. 23302 for more information. (V, violence; S, sex or sensuality; D, drug use; L, language; G, gore)

Saturday Dungeons & Dragons

Jeremy Irons, Justin Whalin; the Empire has been a divided land and its very survival hangs in the balance. PG-13 (V).

Sunday, 4 p.m. 102 Dalmatians

Glenn Close, Gerard Depardieu; G.

Monday Proof of Life

Russell Crowe, Meg Ryan; when her husband is kidnapped, Alicia retains the services of a negotiator who mounts a bold rescue operation. R (V, L, D).

Tuesday Unbreakable

Bruce Willis, Samuel L. Jackson; the sole survivor of a devastating train wreck meets a mysterious stranger who offers a bizarre explanation as to why he escaped without a scratch. PG-13 (S, V).

Wednesday Men of Honor

Robert DeNiro, Cuba Gooding, Jr., *Men of Honor* chronicles the inspirational, true-life exploits of Carl Brashear, who becomes the Navy's first African-American Master Diver. R (L)

Thursday Legend of the Drunken Master

Jackie Chan, Anita Mui; when foreign gangsters threaten the nation, Wong defies ancient codes of tradition in order to save China's most sacred treasures. R (V).

Feb. 9 102 Dalmatians

The 6<sup>th</sup> Day, 10 p.m.

Arnold Schwarzenegger, Tony Goldwyn; imagine a world free of incurable diseases where animals are no longer threatened by extinction, world hunger has been eradicated, the family pet can be cloned and even tailored to match the decor. Immortality. PG-13 (V, L, S)



Vol. 6 No. 4

Feb. 2, 2001

Lajes Field, Azores

News briefs

Commissary, library closures

The commissary will be closed Monday for inventory. The library will be closed Monday for cleaning.

AFN live broadcast on hold

Det. 6 AFN will not broadcast its regularly scheduled local newscast Monday-Feb. 9 because of mandatory training.

Military W2s mailed out

Military members should have already received their W2 forms in their mailboxes. Those who have not should call finance customer service at 2-6271.

AAFES facilities renamed

Base exchange officials released the new names of their facilities. The main base exchange is now the Ocean Front BX; the lower BX is the Flight View BX; and the shoppette is now called the Main Street Shoppette.



photo by Guido Melo

Chief Induction

Comaster of Ceremony Command Chief Master Sgt. Steven Crocker looks on as, (from left) Segeant at Arms Chief Master Sgt. Dennis Miller, and chief selectees Senior Master Sgts. James Dibert, Dale Kenney, Donna Savage, William Connelly and Gregory Hoelscher light a candle at the Chief Induction Ceremony, Jan. 24. For related stories, see Page 5.

Geologist studies hazards on Terceira

Tech. Sgt. Jose Ruiz Public affairs

Terceira's geographic location is a primary contributor to the island's mild, subtropical climate and engaging natural landscape. But its location, which straddles the boundary of the African and Eurasian plates, also makes the island susceptible to various geological and natural phenomena.

Local authorities have been challenged throughout the island's history with planning for such events to reduce or eliminate the threat to people and permanent structures.

Such planning often requires a great deal of geological information — information only a well-trained geologist can gather, analyze and translate into usable data.

Gathering this information for the Portuguese government was recently the job of Dr. Richard Moore, deputy director of the U.S. Geological Survey's Alaska Volcano Observatory. U.S. Joint Forces Command hired Doctor Moore as part of a cooperative initiative between the United States and Portugal.

For two years, he collected and analyzed rock and charcoal samples and studied Terceira's topography identifying natural hazards that could affect the island. He suggested simple measures to

mitigate the hazards during a presentation he gave at the Top of the Rock Club Jan. 25.

"There are seven major hazards that can affect Terceira," he said. "These are earthquakes, volcanic eruptions, tsunamis, storm surges, flash floods, land slides and poisonous gases."

Of the seven, he said earthquakes pose the greatest threat to the otherwise peaceful island.

During recorded history, Terceira has seen one or two severe earthquakes per century, the most recent in 1980. He attributed most of these to movement along the African-Eurasian plate boundary, and added that the plates' slow movement makes earthquake activity in the region less frequent than in other quake-prone areas like Southern California or mainland Japan.

Terceira has an underlying layer of "relatively earthquake-resistant lava flows" and many of its faults are probably inactive, the doctor said.

But he pointed out these can be reactivated by distant earthquakes or rising magma, and therefore encouraged residents to use earthquake-resistant materials when building new homes.

Continued on Page 4



# Two leaders shape future

**Katrina Hamilton**

*Lajes High School Junior*

Through time, small problems evolved into more enhanced ones. Because of this, people rise as leaders to face the challenges and consequences of those problems.

Throughout history, people learn about these leaders. Two American citizens, Dr. Martin Luther King, Jr. and Malcolm X, were born to leadership during the Civil Rights Movements. They stood up to those problems and helped black citizens to find confidence in themselves, so they could fight for what they believe.

Dr. King, pastor of a Baptist church in Montgomery, Ala., believed everything could be solved in a mature, responsible manner without using violence and there were three ways to deal with oppression.

One way was acquiescence, which is to deal with the life one has.

He didn't encourage people to resort to physical violence and "corroding hatred," but it was a way to deal with oppression.

He didn't advocate using violence because it didn't bring permanent peace or solve social problems. It just created new and more complicated ones for society to deal with and over come.

Another leader during the Civil Rights

movement was Malcolm X, a strong speaker who had a different view of how to stop segregation.

Malcolm X didn't want black citizens to buy rifles or to go out and initiate attacks indiscriminately against whites. However, he believed people should use violence to protect themselves from a community that didn't welcome them.

Malcolm X and Dr. King wanted to stop racism in this country -- the land of opportunity and liberty.

These two men from different backgrounds, discovered a difference in standing and fighting for what a person believes in and in sitting around complaining.

They changed people's lives with their strong, persuasive ideas. Even though both wanted the same end result, they took different courses to get there.

Dr. King worked his way into people's hearts by using a biblical approach: "The Promised Land" and "his brother's keeper," an allusion to the story of Cain and Abel.

Malcolm X's way may not have been biblical or peaceful at times, but he had realistic views. He urged black people to use force when the white people tried to impose their will ways on them. He en-

couraged them to let people know they should never be treated that way, even if they had to use violence. He believed violence should be used as a means of protecting yourself from the evil doings of others.

His and Doctor King's words to the people were divergent to each other.

People should listen to the voice of Dr. King. He had words of wisdom and bright ideas that could accomplish anyone's goal without complicating the situation more.

He didn't condone violence as Malcolm X did, even if it was for protection.

Dr. King helped end the bus line segregation rules. In 1963 he helped launch a protest where police unleashed dogs on the crowd. The media publicized the police violence and the United States cried out against segregation.

This is a prime example of how to get what one wants without using violence.

These two men were among many who stood and let it be known people wanted justice in a country known for its equality of people. Because of them, the Civil Rights movement came closer to reality and further from a dream.

Confidence spread in people during that era. Because of that, citizens are now known as one whole, instead of many pieces.

## Black History Month schedule of events

The African American Awareness Committee sponsors the following activities during Black History Month.

**Showtime at the Apollo, Feb. 11, 6 p.m. --** An amateur talent contest at the theater, featuring Team Lajes talent. Categories include adults, teens and children 12 and under. Winners in the adult and teen categories will receive cash and award prizes up to \$150. Children 12 and under will receive trophies. Advance tickets are \$3 and \$1, respectively. For more information call Staff Sgt. Shannon Steward at 2-6282.

**Feb. 24, 6 p.m. - Black Heritage Banquet --** The annual banquet, in the Top of the Rock Club Ballroom, celebrates the theme -- "Creating and Defining the African- American Community, Family, Politics, Culture and Religion."

For more information call Senior Master Sgt. Tim Rogers at 2-6197.

## tv guide and movies

**American Forces Network on TV** <http://www.afrts.osd.mil/afnontv/html/schedule.htm>

### Saturday

TIME	CH38, 37 AFNATLANTIC	TIME	CH38 AFNPACIFIC	CH39 SPECTRUM	CH40 NEWSPORTS
9:00	Pokemon (TV-Y)	7:00	Entertainers	The View	Nightline
9:30	Making The Band (TV-PG)	7:30			Nightly Business Report
10:00	Discover Magazine	8:00	Headline News	Session By Session (TV-G)	ESPN2 Boxing
10:30	Mutants	8:30	ESPNNews	Interior Motives	
11:00	This Old House	9:00	Stargate SG-1 (TV-PG)	Friends (TV-PG)	
11:30	California's Gold	9:30	Past and Present	Dawson's Creek (TV-14)	
12:00	Entertainers	10:00	AFN Special (TV-G)	A Perfect Wedding	NFL MatchUp (ESPN2)
12:30		10:30	Britney in Hawaii	20/20	SportsCenter
13:00	WWF Superstars (TV-14)	11:00		Any Day Now (TV-14)	
13:30		11:30		It's Called Depression	Dateline NBC
14:00	Stargate SG-1 (TV-PG)	12:00	Headline News	Spectrum Movie	
14:30	Past and Present	12:30	Saturday Night Live (TV-14)		Headline News
15:00	AFN Special (TV-PG)	13:00		A Walk In The Clouds (TV-PG)	Wall Street Journal Report
15:30	Britney In Hawaii	13:30			MLA Laughlin Group
16:00	20/20	14:00	It's Showtime At The Apollo (TV-PG)	The View	Washington Week In Review
16:30	Headline News	14:30			Travel Now
17:00		15:00	Late Friday (TV-PG)		Page One w/Nick Charles
17:30	Navy/Marine Corps News	15:30			CNN Saturday Morning
18:00	NCAA Basketball	16:00	EA Sports Supercross (ESPN 251 CC (Phoenix, Arizona)	Session By Season (TV-G)	CNNi4COM
18:30	Fordham at University of (ATL 10)	16:30	NCAA Basketball	Interior Motives	NCAA College Basketball (CBS-Live)
19:00		17:00	Texas at Kansas (Big 12)	Fraser (TV-PG)	Syracuse at NC State
19:30		17:30		Friends (TV-PG)	
20:00	Pro Bowl Special	18:00		Dawson's Creek (TV-14)	
20:30	Battle of the Gridiron	18:30		A Perfect Wedding	
21:00	NCAA Basketball	19:00	Headline News	Ally McBeal (TV-14)	PGA Golf (CBS)
21:30	UCLA at Stanford (Pac 10)	19:30	Hour Of Power	Over The Rainbow	
22:00		20:00	Celebration Of Victory	Any Day Now (TV-14)	AT&T Pebble Beach National Pro-Am
22:30		20:30	Breakthrough	It's Called Depression	
23:00	Winter X-Games (ABC-Live)	21:00	The Choices We Face	Spectrum Movie	
23:30	Sk8 Showboard/Snowmobile	21:30	Day Of Discovery	A Walk In The Clouds (TV-PG)	
0:00	CHN51	22:00	CHN51		Headline News
0:30	ESPNNews	22:30	Headline News	Nana Pudd'n'	Navy/Marine Corps News
1:00	Saturday Night Live (TV-14)	23:00		Grasping For The Wind	NHL All-Star Celebration (Hondulu, HI)
1:30		23:30	Amy NewsWatch	The 700 Club	
2:00		0:00	XFL (NBC-Live)	Profiles In Praise	NHL All-Star Saturday (ESPN)
2:30	It's Showtime At The Apollo (TV-PG)	0:30	NW/NJ Himen	History Channel Holiday Special (Presented By The USO)	NHL SuperSkills
3:00	Late Friday (TV-PG)	1:00	at Las Vegas Outlaws	MA'S'H (TV-PG)	NCAA College Basketball (ND)
3:30		1:30		Charlie's Angels (TV-G)	Mississippi State at Arkansas
4:00	Entertainers	2:00		Circus of Terror	
4:30	Headline News	2:30	Family Movie	Fantasy Island (TV-G)	ESPNNews
5:00	Hour Of Power	3:00		Elizabeth/Unholy Wedlock	Larry King Weekend (CNN)
5:30	Celebration Of Victory	3:30	Up, Up and Away	Twilight Zone (TV-PG)	Dateline International 1
6:00	Breakthrough	4:00		Alfred Hitchcock Presents	
6:30	The Choices We Face	5:00	Wild Things (TV-PG)	Who Wants To Be A Millionaire	Judith Regan Tonight (FNC)
7:00	Day Of Discovery	5:30			
7:30	Adventures Of Elmer & Friends	6:00	V.I.P., (TV-PG)		
8:00	Happily Ever After (TV-Y)	6:30	Stop or Val's Mom Will Shoot		
8:30					

### Monday

TIME	CH38, 37 AFNATLANTIC	TIME	CH38 AFNPACIFIC	CH39 SPECTRUM	CH40 NEWSPORTS
9:00	Oprah Winfrey Show	7:00	Jopardy!	The Flintstones (TV-G)	World Report
9:30	[55] Port Charles (TV-14)	7:30	Headline News	The Brady Bunch (TV-G)	
10:00	[20] Guiding Light (TV-14)	8:00	Pacific Report	Happy Days (TV-G)	NCAA Women's Basketball
10:30		8:30	[33] CHN51	The Cosby Show (TV-G)	
11:00	[10] General Hospital	9:00	60 Minutes	Little Men (TV-PG)	Tulane at DePaul
11:30		9:30		Home for Christmas	
12:00	Headline News	10:00	Touched By An Angel	Discover Magazine	NCAA College Basketball
12:30	Judge Judy (TV-PG)	10:30	With God as My Witness	Genetics	
13:00	Today	11:00	The Practice (TV-14)	New Detectives	Charlotte at Houston
13:30		11:30	Legacy	Seeds Of Destruction	
14:00		12:00	Pacific Report	ER (TV-14)	Dateline NBC - Sun (90-minute program)
14:30		12:30	[35] Tonight Show with Jay Leno	When The Bough Breaks	
15:00	Disney's Hercules	13:00		Spectrum Movie	Morning Biz Report and Ch.1
15:30	Disney's Pepper Ann (TV-G)	13:30	[35] Late Show with David Letterman	Rio Lobo (TV-PG)	Good Morning America
16:00	Popular Mechanics	14:00			
16:30	Cousin Skeeter	14:30	[35] ESPNNews		
17:00	Jopardy!	15:00	[05] Movies 'Til Dawn	The Flintstones (TV-G)	
17:30	Headline News	15:30	Invasion Of The Body	The Brady Bunch (TV-G)	
18:00	CHN51 & Lajes News	16:00	Scratchers	Happy Days (TV-G)	NHRA Racing (ESPN)
18:30	Headline News	16:30		The Cosby Show (TV-G)	Autzone Winter Nationals
19:00	60 Minutes	17:00	[10] Movies 'Til Dawn	Little Men (TV-PG)	Winter X-Games (ESPN)
19:30		17:30	Major League (TV-PG)	Home for Christmas	
20:00	Touched By An Angel	18:00		Discover Magazine	(Day 3 - Primetime)
20:30	With God as My Witness	18:30		Genetics	
21:00	The Practice (TV-14)	19:00	Headline News	New Detectives	SportsCenter
21:30	Legacy	19:30	ESPNNews	Seeds Of Destruction	
22:00	Headline & Lajes News	20:00	Today	ER (TV-14)	Navy/Marine Corps News
22:30	[35] Tonight Show with Jay Leno	20:30		When The Bough Breaks	Army or AFT TV News
23:00		21:00		Spectrum Movie	Fox News Live
23:30	[35] Late Show with David Letterman	21:30		Rio Lobo (TV-PG)	
0:00		22:00	Today II		Headline News
0:30	[35] ESPNNews	22:30			NBC Nightly News
1:00	[05] Movies 'Til Dawn	23:00	Sesame Street (TV-Y)	The Flintstones (TV-G)	NCAA College Basketball
1:30	Wheel Of Fortune	23:30	The Brady Bunch (TV-G)	Happy Days (TV-G)	St. John's at Notre Dame
2:00	Scratchers	0:00	Blue's Clues (TV-Y)	The Cosby Show (TV-G)	
2:30		0:30	Wheel Of Fortune	Star Trek (TV-PG)	NCAA College Basketball
3:00	[10] Movies 'Til Dawn	1:00	Oprah Winfrey Show	The Changeling	
3:30	Major League (TV-PG)	1:30		NBC Nightly News	Iowa State at Kansas
4:00		2:00		Celebrity Profiles (TV-PG)	
4:30		2:30		Harrison Ford	
5:00	Headline News	3:00	Port Charles (TV-14)	Biography (TV-PG)	Sports Tonight
5:30	ABC World News Tonight	3:30	[25] Guiding Light (TV-14)	The Von Trapp Family	
6:00	CHN51	4:00	[15] General Hospital	The Practice (TV-14)	Larry King Live
6:30	NBC Nightly News	4:30		Race With the Devil	
7:00	Sesame Street (TV-Y)	5:00	[05] Hey! Arnold (TV-Y)	Spectrum Movie	News with Brian Williams
7:30		5:30	Digimon: Digital Monsters	The Pink Panther (TV-PG)	
8:00	Blue's Clue (TV-Y)	6:00	Nick News (TV-Y)		The O'Reilly Factor
8:30	Wheel Of Fortune	6:30	Scholastic Sports America		

### Sunday

TIME	CH38, 37 AFNATLANTIC	TIME	CH38 AFNPACIFIC	CH39 SPECTRUM	CH40 NEWSPORTS
9:00	Family Mobile	7:00	Computer Chronicles	Nana Pudd'n'	Navy/Marine Corps News
9:30	Up, Up and Away (TV-G)	7:30	Wall Street Journal Report	Grasping For The Wind	Army NewsWatch
10:00		8:00	Headline News	The 700 Club	USA Soccer (ESPN2)
10:30		8:30	ESPNNews	Profiles In Praise	
11:00	Wild Things (TV-PG)	9:00	Whose Line Is It Anyway?	Spectrum Special	Men's Friendly
11:30		9:30	Primetime Movie	History Channel Holiday Special	Columbia vs USA
12:00	Headline News	10:00	Legends Of The Fall (TV-PG)	MA'S'H (TV-PG)	NHRA Racing (ESPN2)
12:30	Army NewsWatch	10:30		Charlie's Angels (TV-G)	Autzone Winter
13:00	NCAA Basketball (JEFFP)	11:00		Circus of Terror	National Qualifying
13:30		11:30			
14:00	Wake Forest at Virginia (ACC)	12:00	Headline News	Fantasy Island (TV-G)	Dateline International 2
14:30		12:30	The Drew Carey Show	Elizabeth/Unholy Wedlock	
15:00	Winter X-Games (ESPN)	13:00	Meet The Press	Twilight Zone (TV-PG)	CBS News Sunday Morning
15:30	Day 2 (M. Snow, Vermont)	13:30	Alfred Hitchcock Presents	Who Wants To Be A Millionaire	
16:00	V.I.P., (TV-PG)	14:00	America's Black Forum		
16:30	Stop or Val's Mom Will Shoot	14:30	Walker, Texas Ranger	Nana Pudd'n'	Face the Nation
17:00	Computer Chronicles	15:00	Team Cherokee (Part 1)	ESPNNews	Evans, Novak, Hunt & Shields
17:30	Wall Street Journal Report	15:30		Grasping For The Wind	Headline News
18:00	SportsCenter (ESPN)	16:00	SportsCenter (ESPN)	The 700 Club	Winter X-Games (ESPN2) (Day 2)
18:30		16:30		Profiles In Praise	
19:00	Winter X-Games (ABC-Live)	17:00	NBA (NBC-Live)	Spectrum Special	NCAA College Basketball
19:30	Day 2 (M. Snow, Vermont)	17:30	Knicks at Heat	History Channel Holiday Special (Presented By The USO)	Purdue at Michigan State (CBS-Live)
20:00		18:00		MA'S'H (TV-PG)	
20:30	NHL All Star Game	18:30		Charlie's Angels (TV-G)	PGA Golf (CBS-Live)
21:00		19:00		Circus of Terror	
21:30	World vs North America	19:30	NBA (NBC-Live)	Fantasy Island (TV-G)	AT&T Pebble Beach National Pro-Am
22:00		20:00	Kings at Lakers	Elizabeth/Unholy Wedlock	
22:30		20:30		Twilight Zone (TV-PG)	
23:00		21:00		Alfred Hitchcock Presents	
23:30	NFL Pro Bowl (ABC-Live)	21:30	NFL Pro Bowl (ABC-Live)	Who Wants To Be A Millionaire	
0:00	Aloha Stadium (Honolulu, Hawaii)	22:00	Aloha Stadium (Honolulu, HI)		Headline News
0:30		22:30		The Flintstones (TV-G)	Army NewsWatch
1:00		23:00		The Brady Bunch (TV-G)	PBA Bowling (ESPN)
1:30		23:30		Happy Days (TV-G)	National Championship
2:00		0:00	(JIP)	The Cosby Show (TV-G)	
2:30		0:30		Little Men (TV-PG)	NCAA College Basketball (FSN)
3:00	Walker, Texas Ranger	1:00	Oprah Winfrey Show (TV-14)	Home for Christmas	
3:30	Team Cherokee (Part 1)	1:30		Discover Magazine	Arizona State at Oregon
4:00	WWF Superstars (TV-14)	2:00	Headline News	Genetics	
4:30		2:30	Judge Judy (TV-PG)	New Detectives	Sports Tonight
5:00	Meet The Press	3:00	Port Charles (TV-14)	Seeds Of Destruction	
5:30		3:30	[25] Guiding Light (TV-14)	ER (TV-14)	This Week (ABC)
6:00	Headline News	4:00	[15] General Hospital	When The Bough Breaks	
6:30	ESPNNews	4:30			
7:00	Sesame Street (TV-Y)	5:00	[05] Disney's Hercules	Spectrum Movie	Headline News
7:30		5:30	Disney's Pepper Ann (TV-G)	Rio Lobo (TV-PG)	Science & Technology Week
8:00	Little Bear	6:00	Popular Mechanics		Motor Week
8:30	Wheel Of Fortune	6:30	Cousin Skeeter		George Michael Sports Mohir

### Tuesday

TIME	CH38, 37 AFNATLANTIC	TIME	CH38 AFN-PACIFIC	CH39 SPECTRUM	CH40 NEWS/SPORTS
9:00	Oprah Winfrey Show	7:00	Jopardy!	The Flintstones (TV-G)	Nightline
9:30	[55] Port Charles (TV-14)	7:30	Headline News	The Brady Bunch (TV-G)	Nightly Business Report
10:00	[20] Guiding Light (TV-14)	8:00	Pacific Report	Happy Days (TV-G)	Winter X-Games (ESPN2)
10:30		8:30	[33] CHN51	The Cosby Show (TV-G)	(Day 4)
11:00	[10] General Hospital	9:00	Whose Line Is It Anyway?	Star Trek (TV-PG)	
11:30		9:30	Primetime Movie	The Changeling	
12:00	Headline News	10:00	Ghosts of Mississippi	Celebrity Profiles (TV-PG)	AWA Supercross (ESPN2)
12:30	Judge Judy (TV-PG)	10:30	(TV-PG)	Harrison Ford	EA Sports (125CC)
13:00	Today	11:00		Biography (TV-PG)	Nat'l Sports Report (FSN)
13:30		11:30		The Von Trapp Family	
14:00		12:00	Pacific Report	The Practice (TV-14)	Dateline NBC - Mon
14:30		12:30	[35] Tonight Show with Jay Leno	Race With the Devil	
15:00	Hey Arnold (TV-Y)	13:00	Leno	Spectrum Movie	Headline News
15:30	Digimon: Digital Monsters	13:30	[35] Late Show with David Letterman	The Pink Panther (TV-PG)	Morning Biz Report and Ch.1
16:00	Nick News (TV-Y)	14:00			Good Morning America
16:30	Scholastic Sports America	14:30	[35] ESPNNews		
17:00	Jopardy!	15:00	[05] Movies 'Til Dawn	The Flintstones (TV-G)	
17:30	Headline News	15:30	Soapdish (TV-PG)	The Brady Bunch (TV-G)	
18:00	CHN51 & Lajes News	16:00		Happy Days (TV-G)	NCAA College Basketball
18:30	Headline News	16:30	[50] Movies 'Til Dawn Stagecoach (TV-PG)	The Cosby Show (TV-G)	
19:00	Whose Line Is It Anyway?	17:00		Star Trek (TV-PG)	UNLV at Wyoming
19:30	Primetime Movie	17:30		The Changeling	
20:00		18:00		Celebrity Profiles (TV-PG)	ESPN Boxing
20:30	Ghosts of Mississippi (TV-PG)	18:30		Harrison Ford	
21:00		19:00	Headline News	Biography (TV-PG)	
21:30		19:30	ESPNNews	The Von Trapp Family	
22:00	Headline & Lajes News	20:00	Today	The Practice (TV-14)	Your World with Neil Cavuto
22:30	[35] Tonight Show with Jay Leno	20:30		Race With the Devil	
23:00		21:00		Spectrum Movie	Fox News Live
23:30	[35] Late Show with David Letterman	21:30		The Pink Panther (TV-PG)	
0:00		22:00	Today II (TV-PG)		Headline News
0:30	[35] ESPNNews	22:30			NBC Nightly News
1:00	NCAA Basketball	23:00	Sesame Street (TV-Y)	The Flintstones (TV-G)	ABC World News Tonight
1:30	Michigan State at Illinois (Big 10)	23:30		The Brady Bunch (TV-G)	CBS Evening News
2:00		0:00	Teletubbies (TV-Y)	Happy Days (TV-G)	NBA Basketball (TBS-Live)
2:30		0:30	Wheel of Fortune	The Cosby Show (TV-G)	
3:00	[50] Movies 'Til Dawn Stagecoach	1:00	Oprah Winfrey Show	Who Wants To Be A Millionaire	Pacers at Heat
3:30		1:30			
4:00		2:00	NBC Nightly News	Secrets of War (TV-PG)	
4:30	(TV-PG)	2:30	Judge Judy (TV-PG)	The Invasion That Never Was	Inside the NBA (TBS-Live)
5:00	Headline News	3:00	Port Charles (TV-14)	Combat At Sea	Sports Tonight
5:30	ABC World News Tonight	3:30	[25] Guiding Light (TV-14)	Great Carrier Battles of WWII	
6:00	CHN51	4:00	[15] General Hospital	MYFD Blue (TV-14)	Larry King Live
6:30	NBC Nightly News	4:30		Czech Bouncer	
7:00	Sesame Street (TV-Y)	5:00	[05] Disney's Jungle Cubs	Spectrum Movie	News with Brian Williams
7:30		5:30	BrandSpankingNewDoug	The Prisoner of Second (TV-PG)	
8:00	Teletubbies (TV-Y)	6:00	Outward Bound (TV-Y7)		The O'Reilly Factor
8:30	Wheel of Fortune	6:30	City Guys (TV-G)		



### Get valentine bouquets delivered

Skills development center employees will deliver valentine balloon bouquets Feb. 14, 8 a.m.- 4 p.m. Call 2-5255 through Feb. 13 to place an order.

### Singers needed for ball

The Enlisted Heritage Ball committee is looking for active-duty enlisted members to sing with a four-part harmony quartet for the upcoming ball. Volunteers should be able to read music and be available throughout May. Enlisted service members from any branch of service, male or female, are encouraged to apply. For more information call Master Sgt. William Crow at 2-3921.

### Subway hours change

Effectively immediately, Subway is open Monday-Saturday, 10 a.m.-9 p.m., and Sunday, noon-6 p.m.

### Self-help open some Saturdays

The self-help store, Bldg. 561, will now be open on the first Saturday of each month from 10 a.m.-2 p.m. To kick off the first Saturday, they will give away rose bushes to base-housing residents.

### Softball officials needed

The Lajes Officials Association is looking for people to become softball officials for the upcoming softball season.

## Teen center activities online for February

The teen center offers a variety of activities each month for Lajes youth. The center is open to seventh through twelfth graders.

February events include:

— **Operation Hoops Basketball Night** at the youth center, Saturday, 8 p.m.-midnight.

— **Mardi Gras** celebration at the youth center for children ages 6-12, Feb. 16, 8 p.m.-midnight.

— **The Teen Council** meets every Tuesday at the youth center, 3:30-4:30 p.m. All teen center members are invited to attend.

— **Battle of the DJs** at the teen center, Feb. 16, 8 p.m.- midnight. Bring in your favorite CD.

— **Chili Family Dinner Night** at the youth center, Feb. 28, 6-7:30 p.m. Sign up not later than Feb. 26.

For more information on any teen center program, call 2-3273.

All officials will be American Softball Association certified. For information call Charles Hays, at 2-4180.

### Sports Zone number changes

The Sports Zone, located in the Chace Fitness Center, has a new telephone number. The new number is 295-543-320.

### Relationship enhancement class

A conflict prevention and relationship enhancement workshop starts Thursday. The workshop will be every Thursday until March 8, 1-3 p.m. and 6-8 p.m. The workshop will be in the FSC classroom. Registration is required. Call the FSC at 2-4138 to sign up.

### University sets class schedule

The University of Oklahoma Graduate College offers "Human Relations in the Workplace," Feb. 27 - 4 March 1. Another course, "Grief, Death and Dying" is scheduled for April 3-8. For more information call 2-3171.

### FSC offers monthly classes

The family support center offers these free classes each month: Microsoft Power Point, Microsoft Word 1 and 2, Microsoft Windows, Microsoft Excel, and Microsoft Access. Call 2-4138 for more information.

## Classifieds

To place a classified ad, pick up a form at the public affairs office, Bldg. T-100, Room 121 or call Ext. 23520. To avoid unwanted calls, call PA to cancel your ad when the item sells.

**Baby items** for sale, miscellaneous. Call Tonya at 295-549-737.

**1988 Nissan Stanza**, 121,000 miles, power steering, power brakes, power windows and locks, automatic, European specs. Call 295-549-716.

**1985 Suzuki**, 4 wheel drive, inspection good through July 2001, asking \$2,000. Call 295-543004.

**House for rent:** 3 bedrooms, kitchen, living room, bathroom. Call Paul at 96-484-3834 or 96-672-4641.

**House for rent:** 2 bedrooms, 1 bathroom, fireplace new kitchen cabinets and floor, fenced yard, \$350 per month. Call 295-542374.

**Kenwood** 105VR receiver/tuner, Dolby surround and Pro Logic, \$100; Bose AM-5 Series II speakers, \$300. Call 295-549748.



photo by Tech. Sgt. Scott Johnson

## Start the bidding at ...

From left, Jessica Smart, Tatjana Krohn, Courtney Waithe, Austin Casiano, Ericks King, and Tamirra Glover are busy preparing their masterpieces for a Children's art auction Thursday. The auction begins at 6:30 p.m. in the community center and will feature works of art from youngsters from the child development center and the youth center's school-age program. Proceeds from the auction, which is sponsored by the parent advisory council, will be directed toward augmenting current activities and creating new ones at the cdc and school-age program. Tickets will be available the night of the show for \$2.

# Is this stuff still good?

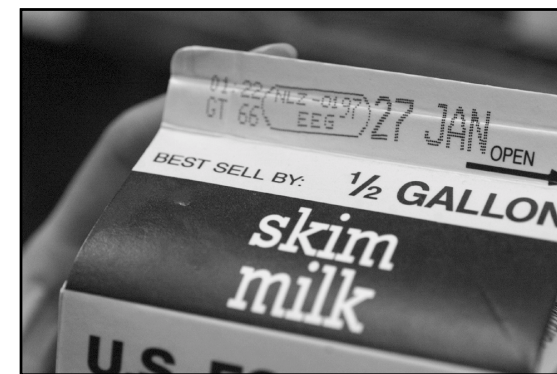


photo by Senior Michael Holzworth

### Kay Blakley

Defense Commissary Agency

Understanding how food product dating works might keep a lot of perfectly good food from being unnecessarily thrown in the garbage or poured down the drain.

Here's the straight scoop on product dating -- based on information from the U.S. Department of Agriculture and the Food and Drug Administration.

Some people think dates stamped on product packages are the expiration date. They automatically throw it out once that date arrives, thinking the food is unsafe to use. This is not true.

Except for infant formula and baby food, product dating isn't required by federal regulations. Even so, you will typically find an "open date" on perishables such as meat, poultry, eggs and dairy products.

Manufacturers voluntarily date products so stores know how long to display products and consumers know when to purchase or use the products at their best quality. It's not a safety date.

If a date is used, it must express both

### What do dates mean?

- Buy before the *Sell-By* date.
- *Best if Used By* (or Before) dates are a recommendation for best flavor or quality. They're not a purchase or safety date.
- *Use-By* dates are the last date recommended for using the product at peak quality.

the month and day (and year, in the case of shelf-stable and frozen products).

If a calendar date is shown, a phrase explaining the date must be printed adjacent to the date. These phrases are *Sell-By*, *Use-By* and *Best if Used By* (or Before).

### Milk

A *Best Sell-By* date is stamped on every carton of fresh milk. Buy milk before this date, take it straight home and refrigerate. It should remain fresh up to five days or longer beyond the sell-by date.

### Yogurt

Most yogurts sold at Lajes are purchased in Europe. They may be stamped with either a *Best Sell-By* or *Best Use-By* date.

Use by the *Best Use-By* date for highest quality. Separation of fluid in the product doesn't mean it's spoiled. Yogurt should be fresh seven to 10 days after the *Sell-By* date.

### Eggs

Egg cartons are stamped with a *Best Sell-By* date. Keep the eggs refrigerated in their original carton. Egg shells are porous and absorb odors from other foods. The carton prevents this.

Eggs have a long shelf life and can maintain reasonable quality for three to five weeks beyond the *Best Sell-By* date.

### Meat and Poultry

Vacuum packed meats carry a *Sell-By* and a *Use-By* date. Buy before the *Sell-By* date and use or freeze by the *Use-By* date. Once the meat is frozen, the dates are irrelevant. Foods kept frozen are safe indefinitely.

Fresh poultry is stamped with a *Use-By*

date. Recommendations for handling and storage of vacuum packed meats also apply to these products.

If frozen by the *Use-By* date, foods taste better than foods frozen near the end of their useful shelf life. Unopened vacuum packaged meats can be frozen as is; so can the tray-packed, cellophane-wrapped poultry products. However, the cellophane wrap is not as sturdy as the vacuum package, so if the storage time is expected to be more than one or two months, over-wrap these packages with airtight heavy-duty aluminum foil, plastic wrap or freezer paper.

Certain frozen products such as hot dogs, bacon, sausage and ham may show a *sell-by* date that has long past. That's because these products are normally sold in the States -- refrigerated only, so they're stamped with a *Sell-By* or *Use-By* date on that basis -- that they'll be sold fresh.

Freezing products at their peak of freshness helps ensure quality when defrosted.

Manufacturers freeze these items at the time of production, ship them to us frozen and they are sold frozen.

This enables service to remote locations like Lajes, where the transportation time required prohibits using fresh chilled products.

These products are inspected and approved by trained military medical inspectors to ensure they meet strict health and safety guidelines.

## CROSSROADS of the Atlantic Editorial Staff

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The deadline for submission is Friday by noon, one week prior to the publication date.

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## AF surgeon general: One suicide is one too many

**WASHINGTON** — One suicide is one suicide too many, according to Lt. Gen. Paul Carlton, Air Force surgeon general.

The surgeon general is trying to combat suicides by instilling in every Air Force member that it is a community problem. That philosophy is the basis for the Air Force's community approach to suicide prevention.

"We have to stop thinking of suicide prevention as something only mental health professionals do," Carlton said.

"All of us have a responsibility to our fellow airmen and co-workers," he explained. "Recognizing when a person is having problems and actively encouraging that person to seek help is a vital part of suicide prevention."

"We lose too many airmen to suicide in the Air Force, and it is preventable," he said. "Whatever the numbers are, we can never stop being proactive and declare victory. Instead we must continue our efforts."

The Air Force is using a prevention team -- the integrated delivery system -- including chaplains and professionals from mental health, family support, child and youth services, health and wellness centers, and family advocacy, working together to enhance community health and well-being.

To date, suicide prevention efforts include an emphasis on involving and training Air Force leadership, and on buddy care and annual suicide prevention training for all military and civilians. The Air Force also maintains a database that tracks not only suicides but also suicide attempts.

The Air Force is not alone in its battle. David Satcher, surgeon general of the United States, said suicide is a "serious public health problem." Nearly 31,000 people commit suicide annually in America; 21 active-duty Air Force people in 2000.

Raising suicide awareness is not enough, according to Lt. Col. Wayne Talcott, who leads the Air Force's suicide prevention team.

"Our pilots are responsible for early signs of problems with jet engines, so mechanics can intervene before engine failure occurs," he said. "In the same way, we expect our commanders, first sergeants and supervisors at every level to be responsible for their coworkers and watch for early signs of problems so we can intervene early."

Talcott suggest people be alert for the following warning signs:

- Preoccupied with death and dying
- Talk about committing suicide
- Make final arrangements for death
- Trouble eating or sleeping
- Drastic changes in behavior
- Withdrawal from friends or social activities
- Loss of interest in work, school, etc.
- Give away prized possessions
- Take unnecessary risks
- Loss of interest in personal appearance
- Increased use of alcohol and drugs

For more information on what to do if a member encounters someone with these signs, call a member of the integrated delivery system like a chaplain or family advocacy officer.

## Seismic *Continued from Page 1*

Volcanic eruptions in and around Terceira have been common throughout the island's history, and the doctor said the 1980 quake may have been caused by a distant ocean-floor eruption.

"Eruptions can be quiet or explosive," he said, adding the latter poses the greatest threat to populated areas.

He identified four volcanoes on the island with eruptive histories: Cinco Picos, Caldera Guilherme Moniz, Pico Alto and Santa Barbara.

Santa Barbara and Pico Alto, the youngest and westernmost, are the most likely to erupt in the future.

Just as earthquakes can be a side effect of volcanic eruptions, tsunamis are a common side effect of earthquakes.

The deep waters around Terceira can actually help retard the development of tsunamis, he explained, but cited a 1755 tsunami that took the lives of six Porto Martins residents as evidence the phenomena can threaten low-lying coastal areas.

Because the island is a frequent recipient of hurricane remnants in the summer and fall, storm surges are also a common threat to coastal areas.

Flash floods on Terceira are possible in

the river valley regions during periods of extensive rainfall, he said, discouraging construction in these areas.

Water reservoirs in upper elevations damaged by an earthquake can also contribute to flooding in the areas immediately below them, so he advised against filling the reservoirs completely.

He commended residents of Terceira for preserving much of the native forests in the higher areas of Santa Barbara and Pico Alto, a fact he credited with "contributing significantly to the stabilization of slopes and reduction of landslide risks."

Doctor Moore pointed to a recent mud slide in Sao Miguel as proof of the consequences of deforestation on the islands and discouraged such practice.

Dr. Moore said the threat from poisonous gases on Terceira is limited to Furnas do Enxofre, where carbon dioxide is emitted

from holes in the volcanic surface and can accumulate in deep pockets.

"People should stay out of the holes and pits in this area," he said. "Carbon dioxide is invisible, odorless and heavier than air and was responsible for at least one death in Sao Miguel in the 1980s."

Dr. Moore's findings were detailed in a 16-page report and were accompanied by two maps illustrating the risks described.

Copies were given to local and base officials to use in civil protection efforts and will be available at a later date on the U.S. Geological Survey Web site.



Terceira's location in the Atlantic Ocean sits amidst the boundaries of the African and Eurasian plates. These plates are slowly spreading.

## Five inducted into AF Chiefs' Group

More than 250 Team Lajes members turned out to witness as five of their own were inducted into an elite group Jan. 24.

Senior Master Sgts. William Connelly, 629th Air Mobility Support Squadron; Donna Savage, 65th Communications Squadron; Gregory Hoelscher, 65th Supply Squadron; James Dibert, 65th Contracting Squadron; and Dale Kenney, 65th Mission Support Squadron, were inducted into the Air Force Chiefs' Group during a formal ceremony at the Top of the Rock Club.

This was only the second ceremony of its kind in Lajes' history, according to Command Chief Master Sgt. Steven Crocker.

It was not a promotion ceremony, but rather an acknowledgment and acceptance of the selectees by the other chiefs, according to Chief Master Sgt. Victor Jones, 65th Civil Engineer Squadron.



photo by Guido Melo

Chief inductee Senior Master Sgt. William Connelly and his wife Leslie, pass through a sabre cordon at the Chief Induction Ceremony Jan. 24.

## Top AF enlisted rank rich in history

### MACDILL AIR FORCE BASE, Fla.

— In December, the Air Force observed the 41st anniversary of the first person promoted to the grade of chief master sergeant.

The mere mention of the title "chief" brings to mind visions of wisdom, strength, bravery, commitment and honor. But the grade of chief master sergeant actually has a humble history.

Originally recommended by the Cordiner Committee (formally known as the Defense Advisory Committee on Professional and Technical Compensation) in 1957, the creation of the "super grades," E-8 and E-9, was driven primarily by grim enlisted retention figures over the previous 10 years.

In 1949, more than 80 percent of our first-term airmen left the service after their first tour. With the Soviet Union's launch of "Sputnik" sending waves of panic through our government, and military leaders reporting to Congress that U.S.-based strategic bombers could not get off the ground in response to a missile attack due to the lack of skilled maintenance personnel, Congress took heed.

In early 1956, Congress commissioned then-General Electric president, Ralph J. Cordiner, to review the reasons for poor retention. The Cordiner Committee found

that sophisticated weapon systems were causing more and more time to be spent in training, rather than in actual work within an airman's specialty.

Additionally, the committee reported that most airmen could expect much higher pay in comparable civilian positions. They reported a significant pay inversion between supervisory and subordinate personnel, and finally, found severe promotion stagnation at the grade of E-7.

In response to the committee's recommendations, President Eisenhower signed Public Law 85-422, establishing the two new highest enlisted grades for all services and a new compensation system aimed at reducing turnover.

An extremely important underlying reason for the creation of chief master sergeant was to show young men and women serving their first term that there was significant prestige in becoming a senior non-commissioned officer in terms of both pay and position.

Air Force leaders also saw this as an opportunity to slowly do away with the warrant officer ranks.

The Air Force initially selected 2,000

troops for promotion to senior master sergeant, with actual dates of rank being Sept. 1, 1958, and March 1, 1959. Of those initial 2,000 senior master sergeant selects, 1,700 were later selected for promotion to chief master sergeant, with 620 being promoted on Dec. 1, 1959. The remaining promotions were withheld until June of 1960 due to budgetary limitations.

Some will say many of the same situations that prompted creation of chief master sergeant exist today: pay disparity between supervisory and subordinate personnel, alarming retention rates, perceptions of better pay in the civilian community.

Regardless, over the past 40 years the Air Force has made great strides in highlighting the prestige associated with becoming a senior NCO and ultimately, a chief.

The creation of the senior enlisted advisor, now command chief master sergeant, and the chief master sergeant of the Air Force positions demonstrated the leadership commitment to recognizing the contributions and value of our enlisted corps. (Courtesy of Chief Master Sgt. James Morton, 6th Medical Group, MacDill AFB.)

